

## LUNCHBOX IDEA #7







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## **HERE'S WHAT'S INSIDE**

Hummus, lettuce & carrot Pita Bread wrap Dried Apple Rings Dried Pineapple Dried Australian Apricots 50g Salt & Vinegar Chickpeas 3 strawberries 6 blueberries Garden Salad



Back to school or back to work - take your own lunch box and help stop plastic before it starts.

## DOWNLOAD THE GLUTEN-FRIENDLY PITA BREAD RECIPE FREE FROM OUR WEBSITE (PLUS OTHERS), THEN PICK UP A WARRIOR LUNCHBOX INSTORE OR ONLINE WWW THESOURCEBULKEOODS COM AU

the source

\* Shelf life for prepared food as shown varies and some ingredients may require refrigeration. Remember to comply with your school's food policy regarding allergens.